

★

UMASS/AMHERST

★



312066 0270 3592 1

programs and services for elders

COMMONWEALTH OF MASSACHUSETTS

DEPARTMENT OF ELDER AFFAIRS

110 TREMONT STREET

BOSTON, MASSACHUSETTS 02108

MAY, 1977

TABLE OF CONTENTS

I. INTRODUCTION

- A. History of the Department of Elder Affairs
- B. Mandates of the Department
- C. Statistical Profile of Massachusetts Elders

II. PROGRAMS AND SERVICES

- A. Area Agencies on Aging
- B. Home Care Programs
- C. Health
- D. Title VII Nutrition
- E. Education and Training
 - 1. Title IV-A
 - 2. Pre-Retirement
 - 3. Project HEALTHY
 - 4. Elderhostel
- F. Senior Aides
- G. Elder Service Corps
- H. Councils on Aging
- I. Title V Senior Centers
- J. Information Services
- K. Legal Services
- L. Ombudsman Developmental Specialist
- M. Intergovernmental Relations
- N. Transportation
- O. Housing
- P. Architectural Barriers Board

III. FEDERAL FUNDING SOURCES

TABLE OF CONTENTS (cont.)

A. Older Americans Act

B. Social Security Act

IV. APPENDICES

A. Area Agencies on Aging/Home Care Corporation Directory

B. Map - Planning and Service Areas

C. Title VII Nutrition Projects Directory

D. Map - Title VII Sites

E. Organizational Chart

I. INTRODUCTION

HISTORY OF THE DEPARTMENT OF ELDER AFFAIRS

The evolutionary process which culminated in the creation of the Department of Elder Affairs spanned a twenty year period. A Council on Aging was formed in 1954, which was an advisory board responsible to the Governor. Chapter 430 of the Acts of 1964 renamed it the Commission on Aging, but did not alter the board's advisory and consultative functions. Chapter 761 of the Acts of 1968 abolished the Commission and transferred all of its powers and duties to a newly established agency, namely the Department of Community Affairs. The state unit on aging's status was raised in 1970 by the passage of Chapter 862. This established the Executive Office of Elder Affairs, and allowed for the development of an administrative structure to respond to the needs of older persons in the Commonwealth. On November 28, 1973, the General Court of Massachusetts enacted legislation (Chapter 1168 of the Acts of 1973) which created the Department of Elder Affairs. As the first cabinet level State Agency on Aging in the nation, the Department of Elder Affairs was vested with full statutory authority to develop service programs for elders and to represent this constituency at the highest level of State government.

B. MANDATES OF THE DEPARTMENT OF ELDER AFFAIRS

As delineated in Chapter 1168, which added Chapter 19A into the Massachusetts General Laws, the Department of Elder Affairs is charged with specific administrative responsibilities:

The Department shall be the principal agency of the Commonwealth to mobilize the human, physical, and financial resources available to plan, develop, and implement innovative programs to ensure the dignity and independence of elderly persons, including the planning, development, and implementation of a home care program for the elderly in the communities of the Commonwealth.

(MGLA Chapter 19A, Section 4)

Chapter 1168 further provides statutory authority for the Department to work in conjunction with other state agencies in the development of regulations, standards, and policies that affect elders in the following areas:

development of nursing home regulations (in conjunction with the Department of Public Health);

participation on the Board of Nursing Home Administrators;

determination of need for long-term care facilities;

determination of sites and nutritional standards for the school meals program for elders;

development of standards for state-aided housing for older persons;

review of regulations of the Department of Public Welfare affecting services, medical care, and public assistance for elders and accreditation of homemaker service agencies.

As the designated single State Agency under the Older Americans Act, the Department of Elder Affairs must fulfill both Federal mandates and state objectives. Chapter 19A, Section 4 authorizes the

Secretary:

- a. to provide assistance to communities in solving local problems with regard to elderly persons including, but not limited to, problems in identifying and coordinating local resources to serve the needs of elderly persons;
- b. to facilitate communications and the free flow of information between communities and the offices, agencies, and employees of the commonwealth;
- c. to encourage and assist communities to plan, develop, and implement home care programs;
- d. to provide and act as a clearinghouse for information, data, and other materials relative to elderly persons;
- e. to initiate and carry out studies and analyses which will aid in solving local, regional, and statewide problems concerning elderly persons;
- f. to coordinate through advice and counsel those programs of other state agencies designed to assist in the solution of local, regional, and statewide problems concerning elderly persons;
- g. to advise and inform the governor on the affairs and problems of elderly persons in the commonwealth;
- h. to exercise the powers and discharge the duties assigned to him in the fields of health care, housing, nutrition, homemaker services, economic opportunity, local and regional planning, transportation, and education, and pre-retirement programs;
- i. to further the cooperation of local, state, and federal and private agencies and institutions providing for services or having responsibility for elderly persons;
- j. to represent and act on behalf of the commonwealth in connection with federal grant programs applicable to programs for elderly persons in the functional areas described in this section;
- k. to seek, accept, and otherwise take advantage of all federal aid available to the department, and to assist other agencies of the commonwealth, local agencies, and community groups in taking advantage of all federal grants and subventions available for elderly persons;
- l. to render advice and assistance to communities and other groups in the preparation and submission of grant applications to state and federal agencies relative to programs for elderly persons;

- m. to review and coordinate those activities of agencies of the commonwealth and of any political subdivision of the commonwealth at the request of such subdivision, which affect the full and fair utilization of community resources for programs for elderly persons, and initiate programs that will help assure such utilization;
- n. to encourage the formation of councils on aging and to assist local communities in the development of said councils;
- o. to conduct yearly studies and evaluations pertaining to the quality of care and social services for nursing home patients and report such findings and recommendations to the general court.

In order to assist in the discharge of his duties, the secretary may request from any agency of the commonwealth information pertinent to the affairs and problems of elderly persons.

C. STATISTICAL PROFILE OF MASSACHUSETTS ELDERS

Massachusetts residents age 60 and over total 937,000 or 15.8 percent of the State's 5,904,000 population. Of this group, 671,000 are persons age 65 years of age or older, comprising 11.4 percent of the total population.

The 1975 Massachusetts census data, as interpreted by the statistics division of the Department of Public Health, reveals that in the period from 1950 to 1975, the total state population increased by 26 percent, while the population 65 years of age or older increased by 43 percent. The population age 80 and over increased by 107 percent, four times the overall population growth rate. The State population is projected to increase by 5 percent between 1975 and 1985. The number of persons age 65 and over will grow by 16 percent, and those age 80 and over will increase by 17 percent in this ten-year period.

Statistics extrapolated from a 1974 report entitled "The Health Care Needs of the Elderly and Chronically Disabled in Massachusetts" provide an economic profile of the State's 65 and older population. In the Commonwealth 57.9 percent, or 388,500 elders, have family incomes below \$5,000 a year. Of the total population aged 65 and over, 26 percent, or 173,100 persons, have incomes well below the Supplemental Security Income (SSI) eligibility level. Social Security beneficiaries total 605,900 (90 percent). SSI recipients total 81,500 (12 percent) and private pensioners total 233,500 (35 percent). Of the age 65 and over group, 28 percent or 185,000 elders live alone and 41 percent or 273,000 live only with their spouse. The income level for over 87 percent of the elders living alone is below \$5,000 per year.

II. PROGRAMS AND SERVICES

AREA AGENCIES ON AGING/HOME CARE CORPORATIONS

The Department of Elder Affairs is in the process of establishing Area Agencies on Aging (AAA) throughout the Commonwealth as required under Title III of the 1973 amendments to the Older Americans Act of 1965. Concurrently, the Area Agency on Aging and Home Care Corporation networks are undergoing a consolidation. A single regional agency will be designated for each of the 27 substate districts, with the exception of Area II (Worcester County) and the City of Boston, both of which will be served by three home care provider agencies. The merger will facilitate the planning, coordination, and delivery of services to older persons. (Refer to Appendix for current agency listing.)

The AAA's are responsible for the planning and coordination of services for elders within designated geographic areas. Upon approval of an Area Plan which evaluates priority needs and plans implementation of action to meet such needs, Title III funds are allocated by the Department to each AAA. The AAA then awards grants to community agencies for the provision of services to elders. Each AAA is a non-profit corporation formed for the purpose of developing an Area Plan and funding service programs for elders. The AAA Board of Directors and Advisory Council are composed of area residents age 60 and over who are broadly representative of local Councils on Aging.

The concept of home care emerged in response to the increasing need for community-based supportive services for elders "at risk"

of institutionalization due to social or physical limitations.

The Home Care Program is designed to provide those services necessary to support older citizens within the community at a meaningful level of self-sufficiency and independence. The ultimate goal of the program is to encourage elders to remain in their own homes as long as possible, thereby offering a viable alternative to institutionalization.

Home care providers are non-profit corporations that act as funding magnets and administrative resources for local elder-related programs. They offer the direct services of case management and information and referral. Other home care services are obtained through subcontracts with existing community agencies (vendors). By June 30, 1977, 27 Home Care providers will be fully funded and operational throughout the Commonwealth.

The primary funding sources for the Home Care programs are Title XX of the Social Security Act, Title III of the Older Americans Act and the Commonwealth of Massachusetts. Additional federal funding is provided through Title VII of the Older Americans Act for nutrition programs.

Each Home Care provider offers six core services.

Homemaker Services include food shopping, personal errands, light housekeeping, meal preparation as necessary, and related activities.

Chore Services help in home maintenance by providing such assistance as heavy household cleaning, minor repair services, snow removal, and relocation preparation.

Transportation Services provide mobility and independence through transportation to central meal facilities, medical appointments, community service agencies and other locations. Case Management includes assessment of the need for services, counselling of clients to identify, accept and secure needed services, development, monitoring, and review of service plans, assistance for clients in obtaining necessary services and follow-up.

Protective Services include short-term counselling, referrals, and intervention on behalf of elders in emergency situations. Information and Referral Services include a brief assessment of a person's needs, referral to appropriate resources and follow-up.

Home Care Corporations offer other services, which vary from location to location. Among these are housing, nutrition, occupational therapy, and legal and advocacy assistance.

The Department has developed a series of recommendations for the purpose of integrating health services into the home care system. These recommendations are based upon departmental research and experience, including a long standing arrangement with the Department of Public Welfare, Medicaid Division, for the resolution of mutual service problems. There has been extensive consultation between the staffs of the two agencies, directed at developing a working relationship which will result in a coordinated approach for the social and health care service delivery system.

The Department will continue to work with Medicaid to plan and organize the use of resources for an effective deinstitutionalization program. However, the primary focus of the Department's planning and coordination efforts will be the prevention of institutionalization.

HEALTH

The Department of Elder Affairs has sponsored health maintenance and health education programs (including Project HEALTHY) for elders through Home Care Corporations and Councils on Aging. Such services as screening clinics, health assessments, health counselling, and nursing clinics (primarily conducted under contractual arrangements with the Visiting Nurse Association) are offered within the community to assist elders in maintaining their physical well-being.

A pilot project has begun in East Boston to establish coordination between the Neighborhood Health Center and the Home Care provider in serving elderly clients. The purpose is to allow disabled and homebound elderly to remain at home through the delivery of a comprehensive range of home care services, which will include health care and support services. The management, development, and coordination of local resources through the cooperation of Home Care providers and Neighborhood Health Centers will be implemented state-wide, based upon experience with the pilot project.

In addition to the nursing home and public health activities of the Ombudsman Developmental Specialist, the Department of Elder Affairs provides technical assistance and consultation to agencies and organizations involved in the up-grading of geriatric care. In conjunction with these professional health activities, the Depart-

ment contributes to the development of geriatric care training programs. Also, it participates in a consortium of state agencies which plans for older people in state institutions. The Medical Division of the Department of Public Welfare confers with the Department regarding the improvement of medical services offered to low-income elders.

NUTRITION PROGRAM

The Title VII Nutrition Program is a federally funded project under the Older Americans Act for persons age 60 and over, particularly those with low incomes. It provides low cost, nutritionally sound meals served in strategically located schools, churches, community centers and other public or private facilities. The nutrition projects provide an intake and outreach service and additional needed social services not otherwise available to community elders. These services may include transportation to and from project sites, information and referral, health and welfare counselling, and recreational activities.

Currently, twenty-four projects serve approximately 10,000 meals daily at 191 sites throughout the Commonwealth (see Appendix for a map of Title VII Sites and a directory of Projects). An additional 5,502 meals are served daily by the Department of Education's nutrition program which serves noon meals in conjunction with school lunch programs.

EDUCATION AND TRAINING

Title IV-A Program

The 1977 Title IV-A program was designed to provide training and education for staff of agencies working with the Department of Elder Affairs, including Area Agencies on Aging, Home Care Corporations and Title VII Nutrition Projects. The overall purpose of the grant is to supplement support of state and area level training activities designed to improve the skills and knowledge of people working with the elderly.

Specifically, the five objectives of the program are:

- to provide information in techniques of monitoring and evaluation to selected staff of agencies working with DEA;
- to provide information on the techniques of program development, program management, and related job skills to selected staff of agencies working with DEA;
- to provide instruction in the principles of Social Gerontology to selected staff of agencies serving elders;
- to provide information on programs and services for elders to selected staff members of all categories of agencies serving elders;
- to develop within the Department of Elder Affairs a capacity to coordinate education and training activities for elders and to carry out a long term plan for training

and educational services relative to aging programs.

Sub-grants were made available to state and community colleges to implement the above-stated program objectives during fiscal year 1977.

PRE-RETIREMENT

Pre-Retirement Education aims to transmit information, insight, and understanding to the person who is about to retire from the labor force, in order to facilitate the adjustment process. Pre-retirement planning programs cover a wide range of topics of interest to their audience (usually aged 50-65), including finances, social security and medical programs, health, housing, leisure time activities and interpersonal relationships. Such programs, which are aimed at groups, may be supplemented by individual counselling sessions.

The Department offers consultation and technical assistance in the development of pre-retirement training programs to the business and educational communities. Bibliographical materials have been compiled for dissemination to interested organizations. The Department supports the development of ongoing pre-retirement courses at public institutions of higher education under the Title IV-A program, and is also experimenting with the implementation of community based programs.

PROJECT HEALTHY

Project HEALTHY (Health Education And Learning To Help Yourself) is a seminar series for older people which deals with issues in preventive health care. The purpose of the series is

to encourage participating elders to retain good health and mobility by increasing their awareness of the importance of proper self maintenance. Content areas include: nutrition, safety, exercise, medications, emergency situations, stress, heart and other chronic diseases, et cetera. HEALTHY is available free to agencies that serve elders. These organizations appoint coordinators for their own HEALTHY programs, who must attend a formal training session on project implementation sponsored by the Department of Elder Affairs. Coordinators make the necessary arrangements for conducting HEALTHY, including the scheduling of local resource persons who have expertise in the topics being examined. Printed and audiovisual materials dealing with the physiological aspects of aging and related subjects are available on loan from the Department.

ELDERHOSTEL

The Department offers funding support for Elderhostel, an affiliate program of the New England Gerontology Center and the New England Center for Continuing Education. Designed to respond to the intellectual needs of older persons, Elderhostel is a week-long summer residential program conducted on college campuses, under which participating elders take three mini-courses taught by the regular faculty. Frequently there is an intergenerational mix, with older and young students exchanging ideas both inside and outside the classroom. There is no tuition charge for courses. Housing, dining, and use of facilities is covered by one low comprehensive fee.

SENIOR AIDES

The Senior Aides Program, which is funded by the Department of Labor under Title IX of the Older Americans Act through the National Council of Senior Citizens, is designed to provide employment opportunities for elders. In Massachusetts, the Senior Aides Program is administered by the Department of Elder Affairs, with 7 Home Care Corporations and 1 Area Agency on Aging designated by the Department as local administrative agencies.

Senior Aides are trained to assume the role of ombudsmen, acting as objective agents between individuals and agencies, to help elders obtain necessary services. Persons age 55 and over are placed in host organizations which are involved in such activities as education, social services, health care, recreation, the Friendly Visitors program, outreach and referral and communications.

Senior Aides, who must meet the income and eligibility requirements of the program, work 20 hours per week at a pay rate of \$2.70 per hour, thereby not exceeding the yearly earnings limitation for Social Security beneficiaries. Senior Aides also receive fringe benefits, transportation reimbursements and support services.

ELDER SERVICE CORPS

The Elder Service Corps was created by the Legislature concurrently with the creation of the Department of Elder Affairs on July 1, 1974 under Section 13 of Chapter 19A of the General

Laws. This state-funded program provides approximately 145 persons age 60 or over with a stipend for their work on programs for elders at various public and private non-profit human service agencies throughout the Commonwealth. While full-time Corps people work a minimum of 37-1/2 hours a week and receive a monthly stipend of \$200, the majority of Corps members work a minimum of 18 hours a week receiving a monthly stipend of \$100. Some stipends serve as the required 25% local match for federal grants awarded to participating Area Agencies on Aging and Community Action Programs.

COUNCILS ON AGING

Councils on Aging were first created by Chapter 495 of the Acts of 1956 and made part of the General Laws, Section 8B of Chapter 40:

A city by ordinance or a town by by-law may establish a council on aging for the purpose of coordinating or carrying out programs designed to meet the problems of aging in coordination with programs of the Department of Elder Affairs. The council shall submit an annual report to the city or town and shall send a copy thereof to the Department of Elder Affairs. Said Department shall from time to time review and evaluate such reports and make recommendations as to any required or needed changes in said local programs. The council may appoint such clerks and other employees as it may require.

Funding of the 291 Councils on Aging is provided by city or town appropriations. State funds, totaling \$100,000 per fiscal year, are available to legally mandated Councils to serve as seed money. Preference for grant awards is given to proposals for Councils on Aging applying for the first time; for planning and coordination of services for older persons and for establishment of new or expanded programs emphasizing volunteer, community or

civic services. State demonstration grant funds are further utilized to provide such services as information and referral, preventive health education, transportation, outreach, agency staffing and employment.

TITLE V - SENIOR CENTERS

Under Title V of the Older Americans Act, financial assistance is provided to pay part of the cost of the acquisition, alteration, or renovation of community facilities that will serve as multipurpose senior centers. Public or private non-profit agencies or organizations may be awarded funds or a contract to initiate multipurpose senior centers, which serve as focal points in the community for the delivery of a comprehensive range of services to older persons. The awards are made directly to the grantees by the Administration on Aging, after the initial process of review and prioritization of applications at both the Area Agency on Aging and State Agency levels.

INFORMATION SERVICES

More than 12,000 elders and persons involved in elder services are served by the Department's Information and Referral Unit each year. Telephone inquiries, letters, and walk-in requests for information on opportunities and resources available to elders on the community, state and federal levels are answered. When necessary, referrals are made to appropriate service agencies.

The Department maintains a resource library (which is open to the public) as an adjunct to the Information and Referral service.

The library houses journals, reports, and texts relevant to the aging field. Also available for circulation is a collection of audio-visual materials.

LEGAL SERVICES

The Legal Services Program for elders is a demonstration project designed to provide legal assistance to nursing home residents. The areas in which primary guidance is offered are incompetency, rights of access to nursing homes, the deinstitutionalization process, home ownership, and fair hearings procedures.

The specific objectives of the program include: a review of Massachusetts' laws and regulations relative to the provision of care to nursing home residents and the elderly spouse remaining in the community; the development and maintenance of an effective working relationship with existing legal services projects; the utilization of services currently rendered by the Massachusetts Bar Association and the training of Home Care Corporation and Area Agency on Aging staff in the dissemination of legal guidance materials to the elderly.

In addition, an action handbook geared to elders and those working with the elderly will be produced. Area law schools are encouraged to offer training in the needs of the elderly through the participation of volunteer law students in the project.

OMBUDSMAN DEVELOPMENTAL SPECIALIST

The federally funded Ombudsman Developmental Specialist program is designed to initiate and facilitate the implementation

of area service mechanisms to resolve complaints and problems received from residents and relatives of residents of long-term care facilities. Selected Home Care Corporations/Area Agencies on Aging (HCC/AAA), their Advisory Councils, and Ad Hoc Committees work jointly with the Specialist on the development and implementation of each HCC/AAA Ombudsman Project.

The State Ombudsman Developmental Specialist provides the area projects with overall leadership and training in the ombudsman process. The Specialist also resolves complaints and problems which cannot be resolved on a local basis or refers matters to appropriate state regulatory agencies. The Office of the Ombudsman Specialist further acts as the focal point for the collection, processing and analysis of information pertaining to the categorization and evaluation efforts of the Ombudsman Program.

INTERGOVERNMENTAL RELATIONS

The primary responsibility of the Department of Elder Affairs' Intergovernmental Relations Unit is to carry out the interdepartmental activities mandated by Chapter 1168 of the Acts of 1973. In addition, the unit reviews all federal and state laws, regulations, and program guidelines affecting older persons in order to maximize the benefits derived by elders from both newly developed and existing programs. Federal grant proposals and other funding documents are also reviewed in order to submit recommendations to appropriate agencies on proposals impacting the elderly.

TRANSPORTATION

The specialized transportation needs of elders and handicapped

persons are addressed by a cooperative effort between the Department, the Executive Office of Transportation and Construction, and the Urban Massachusetts Transportation Administration. Through an Interagency Advisory Committee, the Department assists in the determination of transportation awards to private non-profit organizations and in the implementation of special services through Regional Transit Authorities. Technical assistance is made available to local organizations in planning, designing, and operating special transportation services for elders and handicapped persons. Emphasis is placed upon coordination of resources through local cooperative arrangements. Area Agencies on Aging are encouraged to work with Regional Planning Agencies and Regional Transit Authorities in resolving local transportation problems. The Department continues as a member of the M.B.T.A. Special Needs Advisory Committee and the Project Advisory Committee for a pilot project to serve the transportation handicapped.

HOUSING

The Department of Elder Affairs collaborates with the Department of Community Affairs to develop standards for elderly housing, including proper site selection, barrier-free design, development of community space and regulations for tenant selection. Proposals for both state and federally funded elderly housing are individually considered. Comments are provided to assist the housing sponsors to respond effectively to the environmental and social needs of older adults. As part of its advocacy function, the Department involves local Councils on Aging in the planning and review process. The Department also provides technical assistance to local groups involved in the planning and review of housing for the elderly.

III. FEDERAL FUNDING SOURCES

OLDER AMERICANS ACT

The Older Americans Act of 1965, as amended, is a principal Federal funding source to assist in the administration of State Agencies on Aging and in the development of community planning and social services for the elderly:

- Title III provides limited funds for the administration of the designated State Agencies on Aging and the Area Agencies on Aging (AAA's). The majority of Title III funds are allocated by the Department of Elder Affairs and the AAA's for the development and coordination of programs for elders.
- Title IV-A provides supplemental funds for education and training programs on aging.
- Title IV-B offers funding support for research and development activities in the field of gerontology.
- Title V provides funds for the purchase, construction, or rehabilitation of senior centers.
- Title VII is the sole funding source for the operation of Nutrition Programs for elders.
- Title IX authorizes funds to the Department of Labor for Older Workers' Employment Programs such as Senior Aides and Green Thumb.

SOCIAL SECURITY ACT

The Social Security Act includes a number of provisions containing Federal benefits for elders:

- Title II sets the standards for the retirement and disability benefits of Social Security recipients.
- Title XVI establishes the Supplemental Security Income (SSI) Program which guarantees a minimum income for elderly, blind, and disabled persons.
- Title XVIII created the Medicare Program which provides medical insurance for elderly and certain disabled Social Security beneficiaries.
- Title XIX established the Medicaid Program which provides medical assistance to low income individuals.
- Title XX provides for the allocation of funds to each state for the provision of social services to low-income individuals.

HOME CARE CORPORATIONS AND AAA'S (cont.)

10. *Franklin County Home Care Corpora- AREA IB
 tion
 Central Street
 Turners Falls, MA 01376
 (413) 774-2994

11. *Senior Home Care Services, Inc. AREA IIIA
 94 Main Street
 Gloucester, MA 01930
 (617) 281-1750

12. Greater Lynn Senior Services, Inc. AREA IIIC
 25 Exchange Street
 Lynn, MA 01902
 (617) 599-0110

13. *Highland Valley Elder Service AREA IC
 42 Gothic Street
 Northampton, MA 01060
 (413) 586-3130

14. *Holyoke/Chicopee Regional Home AREA ID
 Care Corp., Inc.
 364-66 Maple Street
 Holyoke, MA 01040
 (413) 538-9020

15. *Elder Services of Merrimack AREA V
 Valley, Inc.
 477 Essex Street
 Lawrence, MA 01840
 (617) 683-7747

16. Montachusett Home Care Corp., Inc AREA II
 124 Maple Street
 Fitchburg, MA 01420
 (617) 345-7312

17. *Mystic Valley Elder Home Care AREA IIIE
 Center, Inc.
 341A Forest Street
 Malden, MA 02148
 (617) 324-3200

18. *Somerville/Cambridge Home Care AREA IIIF
 Corporation
 249 Elm Street
 Somerville, MA 02144
 (617) 628-2601-02

*Area Agency on Aging

HOME CARE CORPORATIONS AND AAA'S (cont.)

19. *Home Care Corp. of Springfield, Inc. AREA IE
1414 State Street
Springfield, MA 01109
(413) 781-8800
20. Elder Home Care Services of AREA II
Worcester, Inc.
67 Highland Street
Worcester, MA 01609
(617) 756-1545
21. North Shore Elder Services, Inc. AREA IIIB
Northshore Shopping Center
Peabody, MA 01960
(617) 532-0330
22. Elder Home Care Services of Southern AREA II
Worcester County, Inc.
c/o Harrington Memorial Hospital
100 South Street
Southbridge, MA 01550
(617) 764-2542
23. *Commission on Affairs of the Elderly AREA VI
One City Hall Square
Boston, MA 02201
(617) 725-4000 X-125
24. *Region II Area Agency on Aging, Inc.
697 Main Street
Holden, MA 01520
(617) 829-5364

TITLE VII NUTRITION PROJECTS

Nutrition Project

Project Area

Berkshire Home Care
246 North Street
Pittsfield, MA 01201
(413) 499-2855

Berkshire County

Southwest Boston Senior Services, Inc.
4258 Washington Street
Roslindale, MA 02131
(617) 325-6565

Hyde Park, Roslindale, West
Roxbury, Jamaica Plain

Elder Services of Cape Cod &
Islands, Inc.
146 Main Street
Hyannis, MA 02601
(617) 771-4248

Cape Cod and the Islands

Chelsea/Revere/Winthrop Home Care
453 Broadway
Revere, MA 02151
(617) 284-3600 X-170

Chelsea, Revere, Winthrop

Community & Regional Opportunity
Program
264 Exchange Street
Chicopee, MA 01013
(413) 598-8391

Chicopee, Holyoke, Ludlow,
South Hadley, Ware, Belchertown,
Granby

Federated Dorchester Neighborhood
Houses, Inc.
222 Bowdoin Street
Dorchester, MA 02122
(617) 282-9753

Charlestown, East Boston,
South Boston, Chinatown,
North End, Dorchester,
Columbia Point

Fall River Council on Aging
c/o Fall River Nutrition Program
1197 Robeson Street
Fall River, MA 02720
(617) 675-0521

Fall River, Westport,
Attleboro, Swansea,
Somerset

Franklin County Home Care
Nutrition Program
Central Street
Turners Falls, MA 01376
(413) 774-2994

Franklin County

C.A.P.E., Inc.
P.O. Box 64
Rockport, MA 01966
(617) 546-7387

Gloucester, Rockport,
Ipswich, Manchester

Nutrition Project

Highland Valley Elder Service
Center
42 Gothic Street
Northampton, MA 01060
(413) 586-3130

Lawrence Regional Vocational
Technical High School
River Road
Andover, MA 01810
(617) 686-1422

Greater Lynn Senior Services, Inc.
25 Exchange Street
Lynn, MA 01901
(617) 599-0110

Malden Action, Inc.
341-A Forest Street
Malden, MA 02148
(617) 324-1200

Minute Man Home Care
1241 Massachusetts Avenue
Arlington, MA 02174
(617) 648-2410

Montachusett Opportunity Council
93 Fairmount Street
Fitchburg, MA 01420
(617) 345-0682

City of New Bedford
Elderly Nutrition Program
725 Pleasant Street
P.O. Box F-658
New Bedford, MA 02742
(617) 999-2931 X-305

Old Colony Elderly Services, Inc.
170 Main Street
Brockton, MA 02401
(617) 584-1561

Peabody Council on Aging
96 Main Street
Peabody, MA 01960
(617) 531-2254

Project Area

Easthampton, Hadley,
Northampton

Amesbury, Merrimack, Haverhill,
Lawrence, Methuen, Billerica,
Dracut, Tewksbury, Lowell,
Newburyport

Lynn, Nahant, Saugus, Lynnfield

Malden, Medford, Everett,
Melrose

Wilmington, Arlington, Lexington,
Harvard, Lincoln, Bedford,
Acton, Concord, Carlisle,
Maynard, Winchester, Stowe,
Boxborough, Burlington, Woburn
Littleton

Fitchburg, Gardner, Leominster,
Ashburnham, Westminster,
Templeton, Winchendon

New Bedford, Dartmouth, Acushnet,
Fairhaven, Rochester, Marion,
Mattapoisett

Brockton

Peabody, Salem, Danvers

Nutrition Project

Project Area

Council of Elders
55 Dimock Street
Roxbury, MA 02119
(617) 445-5420

Allston, Brighton, Fenway,
Back Bay, South End, Roxbury,
North Dorchester, North
Jamaica Plain

Somerville-Cambridge Home Care
Corporation
249 Elm Street
Somerville, MA 02144
(617) 628-2601

Somerville, Cambridge

South Middlesex Opportunity
Council
36 Concord Street
Framingham, MA 01701
(617) 872-4853

Framingham, Marlborough,
Natick

Home Care Corporation of
Springfield, Inc.
1414 State Street
Springfield, MA 01109
(413) 781-8800

Springfield, Wales

Elder Home Services of Southern
Worcester, Inc.
Nutrition Program
39 Elm Street
Southbridge, MA 01550
(617) 764-2727

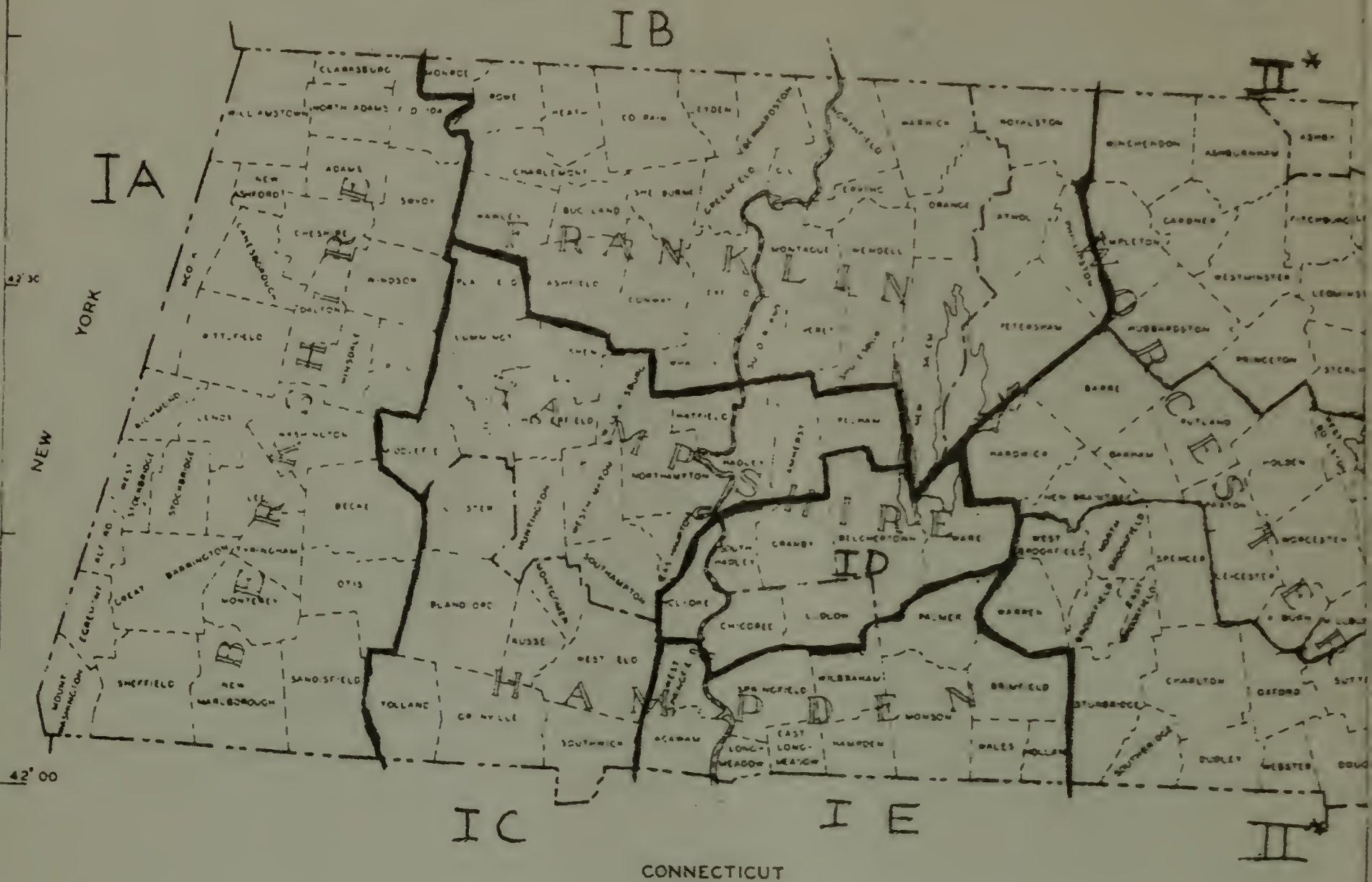
Southern Worcester County

Age Center of Worcester
17 Federal Street
Worcester, MA 01608
(617) 755-2331

Worcester, Shrewsbury

VERMONT

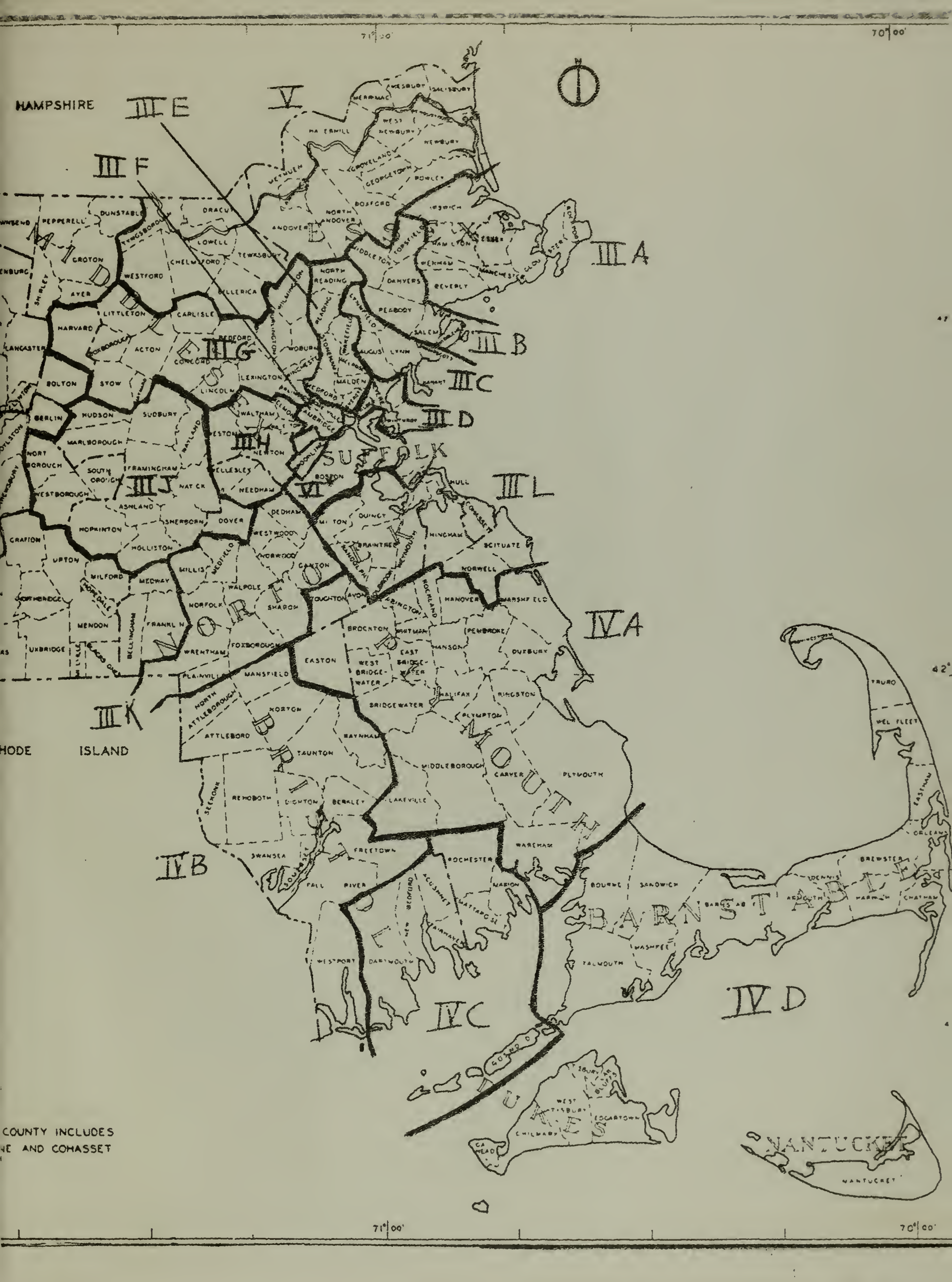
NEW



* Note: Area II (Worcester County) is served by three Home Care provider agencies: Montachusett Home Care Corporation, Inc.; Elder Home Care Services of Worcester, Inc.; and Elder Home Care Services of Southern Worcester, Inc. Boundaries are indicated by lines within Area II. Area VI (Boston) is also comprised of three (by neighborhoods served): Southwest Boston Senior Services, Inc. (Hyde Park, Roslindale, West Roxbury, South Jamaica Plain, West Mattapan); Area II Home Care for Senior Citizens, Inc. (Allston-Brighton, Fenway-Kenmore, Back Bay, South End, Roxbury, North Dorchester, Franklin Field, Parker Hill, North Jamaica Plain); and Senior Home Care Services, Boston III, Inc. (Charlestown, East Boston, South Boston, Chinatown, North End, Beacon Hill/West End, Columbia Point, Dorchester, including Uphams Corner and East Mattapan).

NOTE NORFOLK
BROOKLYN

10 0 10 20 30 40
SCALE IN MILES



HAMPSHIRE

III E

V

III F

III A

III B

III C

III D

III L

IV A

III K

IV B

IV C

IV D

COUNTY INCLUDES
AND COMASSET

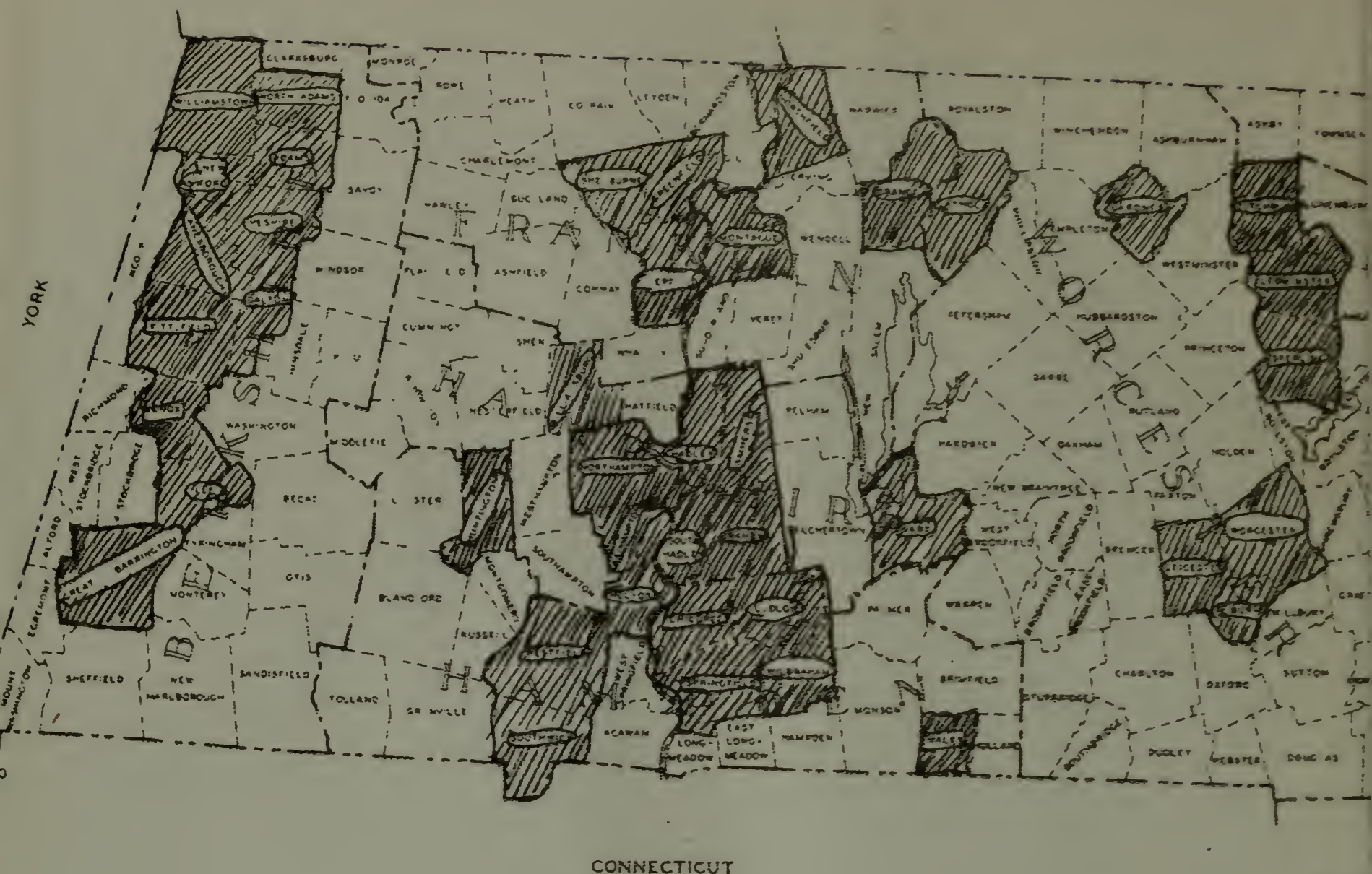
71° 00'

70° 00'

VERMONT

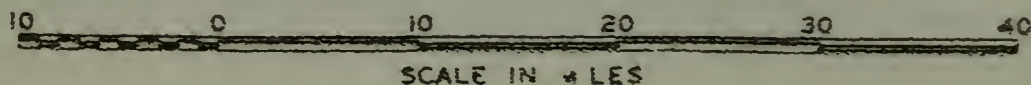
2154

二



Note: The filled-in areas represent cities and towns where Title VII project sites are located. In most cases, these sites draw elders from surrounding communities, thus increasing effective service area.

NOTE NORFOLK COUNTY
BROOKLINE AT





7904 017

ACME
BOOKBINDING CO., INC.

SEP 6 1990

100 CAMBRIDGE STREET
CHARLESTOWN, MASS.

